

BEST TIME MANAGEMENT PRACTICES AS A COLLEGE STUDENT

PRIORITIZE YOUR TASKS

Use a planner or digital tool to create a to-do list. Highlight tasks based on deadlines and importance.



SET REALISTIC GOALS

Break down big assignments into smaller, manageable steps. Set daily or weekly goals to stay on track.



ELIMINATE DISTRACTIONS

Find a quiet study space, turn off notifications, and minimize distractions.



USE TIME BLOCKS

Divide your day into blocks for studying, classes, and relaxation. Stick to these blocks as closely as possible.

